

Empowering youth workers to challenge harmful narratives in the digital space: An international training course on media literacy, critical thinking, and advocacy.

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## Info-pack for partner organizations



Agenzia Italiana  
per la Gioventù



Cofinanziato  
dall'Unione europea

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## Objective of the training course

The main objective of our project is to strengthen the competences of youth workers in managing disinformation and online hate, promoting effective digital advocacy and media literacy practices within their organizations and local communities. We aim to support participants in acquiring practical tools and theoretical knowledge that can be immediately translated into concrete actions with young people.

# Activities plan / Participants



The project foresees the implementation of a six-day professional training course for youth workers, focusing on disinformation, online hate, media literacy, and digital advocacy. The activities are designed to promote practical learning and interaction among participants, combining theoretical sessions with experiential workshops. During the course, ice breaking and group-building activities will be organized to foster trust, mutual understanding, and intercultural collaboration. Interactive workshops and simulations will allow participants to acquire skills in detecting fake news, identifying polarizing narratives, and developing effective counter-narratives. One of the days will be dedicated to direct engagement with the local community in Monzambano: participants will conduct interviews with residents on the topics of disinformation and online hate, while the afternoon will be free to allow for reflection or personal time. The project will involve a total of eighteen youth workers, three from each partner organization, coming from Italy, Kosovo, Ireland, the Netherlands, and Romania. All participants will be at least 25 years old and have a good command of English to facilitate international collaboration during the course. The selection will also ensure diversity and inclusion, with particular attention to gender balance and participation of young people from diverse backgrounds, including migrants and refugees. In summary, the course will be highly interactive and participatory, combining theory and practice, and will provide youth workers with practical tools, theoretical knowledge, and an international network of colleagues to share experiences and best practices, increasing the impact of their work at both the local and international levels.

# Sending organizations

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Sustainable Cooperation for Peace & Security (SCPS) - Italy (Host)

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Youth Initiative for Human Rights Kosovo YIHR KS - Kosovo

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Rondine International Peacelab RIPL - Italy

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WE organization – The Netherlands

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Donegal Youth Service LTD - Ireland

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Gutenberg - Organizatia Studentilor Vorbitori de Limba Germana - Romania

# Where?

## **Monzambano**

Monzambano is a comune (municipality) in the Province of Mantua in the Italian region Lombardy, located about 120 kilometres east of Milan and about 25 kilometres northwest of Mantua.

The municipality of Monzambano, located in the heart of the hills on the right bank of the River Mincio, is immersed in a landscape dotted with cypress trees, olive groves and vineyards.

The historic centre stands on a morainic promontory about 90 metres high and offers a suggestive view of the surrounding area.





# Host facility

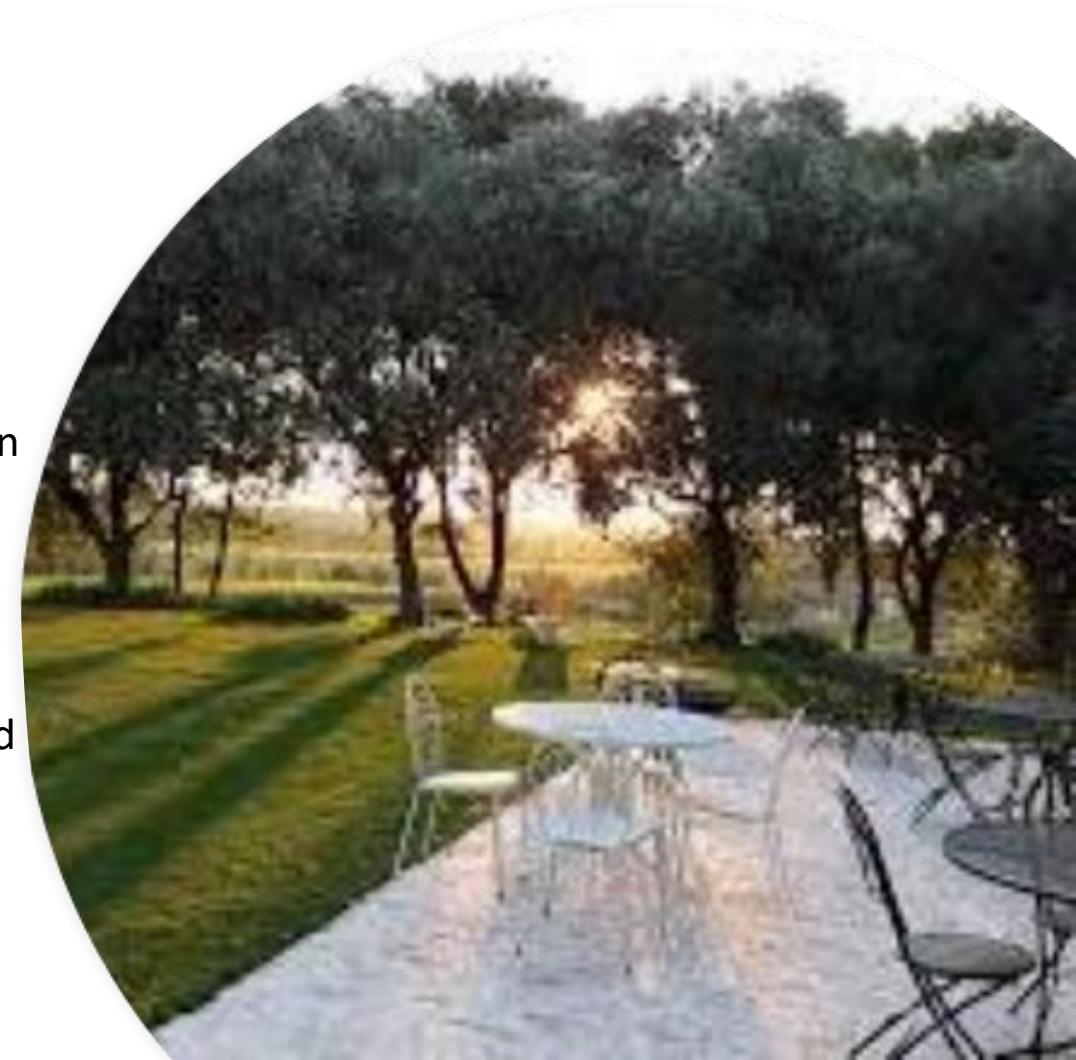
**Agriturismo Atman**

<https://agriturismoatman.com/>



## Agriturismo Atman, Monzambano (MN) Italy (host facility)

- Will provide meals, accomodation and 2+1 rooms for our free time
- It is in the middle of the nature: you can walk, run, do meditations tours
- Will provide a projector that we will use for our presentations but also if you want to watch movies during the free evenings
- Each room will have two keys
- You will be accomodated in shared rooms of maximum 3 people based on your requests in the survey
- Rooms have towels and the sheets are going to be changed during half time of your permanence
- In the rooms you have water heating and tea bags
- Water is drinkable everywhere in the host facility as it is double controlled and depurated
- In the room you have the emergency numbers (ambulance, police etc..)
- You will receive a pen and a bloc note. In the final day a t-shirt with the logo of the project.





Host facility  
whatsapp  
number: +39  
3357419453

- Code to enter the external door and the building: it will be communicated to participants once arrived in Italy
- Send a whatsapp message to the host facility with your travel document as they need it for the check-in so they advance the procedure. If you don't do that you can do that once you arrive in the facility but you might wait if the owner of the building isn't there at the time you'll arrive. So it is a win-win situation if you do that in advance



## Activities you can do at the venue during your free time

- After or prior to our daily training hours
- 1. You can enjoy your free time by walking in nature
- 2. Yoga meditation on your own or by asking for an instructor
- 3. Meditation tour outside
- 4. Watching movies together (after dinner)
- 5. Playing games together
- 6. Stay on your own and relax
- 7. Playing karaoke together
- 8. You are free to bring in new options

# Details about Training Course

The training course will be held in Monzambano **from the 20th to the 27th April 2026, the 20<sup>th</sup> of April is the arrival day and the 27<sup>th</sup> of April is the departure day**. The activity engages 3 youth workers from each partner organization, as well as 2 selected trainers and 1 facilitator.

Total of participants: 18 persons +2 Trainers and 1 Facilitator

Participants age limits: +25 years old (at least 25 years old)

Participants are involved in theoretical-practical sessions on challenging harmful narratives in the digital space. Participants will work together also in small groups and will enter in contact with the local community.

Participants are required to participate actively during the activities as the methods used are based on the peer learning methodology, so be aware of not having work to bring with you during the stay in Monzambano.

Rooms: you will be accommodated in shared rooms (double/triple); we do not have the capacity to accommodate requests for single rooms due to budget restrictions and the limited numbers of rooms available by the host facility.

Agenda: the detailed agenda of the training it will be shared when the date come closer



ARRIVAL DAY APRIL 20



DEPARTURE DAY APRIL  
27



TRAINING DAYS 21-26  
APRIL

# What to bring



An umbrella, you might need it if you plan to walk outside if it rains



Something for the intercultural nigh (cookies etc..)



Temperatures, minimum 8° celsius - maximum 21° celsius so warm clothes might be necessary



Positive energy



Water bottle

- All participants will receive a Youthpass.
- Youthpass is a European recognition instrument for identifying and documenting learning outcomes that are acquired in projects under the Erasmus+ Youth and the European Solidarity Corps programmes.
- If you want to know more visit:  
<https://www.youthpass.eu/en/>



Youthpass

# How to arrive to Monzambano?

- **The closest airports:**
  1. Verona (VRN) airport: we pick you up at the airport
  2. Milano-Bergamo (BGY) or Milano Malpensa (MXP) airports: we pick you up at **Peschiera del Garda** Train station
  3. Other airports like Bologna, Venezia etc.. can be an option
  - From Milan airport you take a bus with destination the railway station named Milano Centrale <https://www.terravision.eu/> (50 minutes duration)
  - From Milano Centrale train station you take a train to Peschiera del Garda [www.trenitalia.com](http://www.trenitalia.com) (website available also in English, price 11,50€)
  - Train connections: the last train from Milano Centrale to Peschiera del Garda is scheduled at 22:25 (10:25 PM).- Airports and railway stations are connected by shuttle bus with different prices: we added the best options
- ❖ Other options that are justified and agreed with the host organization can be acceptable



# Practical information

**“The reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. Participants must leave from and return to the country of origin of the organisation to which they belong. Travel reimbursement limits for participants from each country are given below:**

- The Netherlands 309 € (roundtrip)
- Romania 309 € (roundtrip)
- Kosovo 309 € (roundtrip)
- Italy (no travels by plane admitted) 285 € (roundtrip)
- Ireland 309 (roundtrip)
- Keep all the receipts with prices (bus tickets, train tickets, electronic flight ticket, travel agency reservations, etc.).
- Keep all your flight boarding passes (outward and return).
- (If paid expenses for your travel are less than this amount, you will be reimbursed only up to the total amount of your travel tickets)
- All participants **MUST** bring the European Health Insurance Card or a private health insurance. It is strongly advised for participants to hold travel insurance covering them for the whole duration of the activity.

Contact email of the host organization:  
[partnership@sustainablepeace.eu](mailto:partnership@sustainablepeace.eu)

**Please DO NOT BUY any tickets before the final approval of Sustainable Cooperation for Peace & Security**





# Rules of the host facility

- Do not sit in antique Tibetan chairs in the training room
- In the water heat in your rooms you are allowed to put only water, please not other kind of liquids otherwise it will be damaged
- We must keep the training room tidy
- There are two rooms available for free time and we can get also a third one but we have to leave it tidy and clean as it is the room where we will have the meals
- In the training room we can get chairs or pillows to sit on the ground
- There are two bathrooms in the training room and you have your private bathroom, so please do not use the bathroom of the staff unless it is an emergency
- There is the possibility to make a little bonfire outside the building and there is a meditation route tour around it (if someone of you is able to make a bonfire feel free to do that).

# Tolerance policy

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Hate speech and every form of discrimination are not tolerated

For any support in that regards contact the Facilitator of the training course. The number it will be in the whatsapp chat.



# Things covered by the program

- Accomodation
- Meals: breakfast, lunch, dinner. The first meal is the dinner of the arrival day, the last meal is the breakfast of the departure day.
- Reimbursment of the travel costs within the program budget limits
- One t-shirt at the end of the training course
- Youthpassess
- A pen and a bloc note

# Things not covered by the program

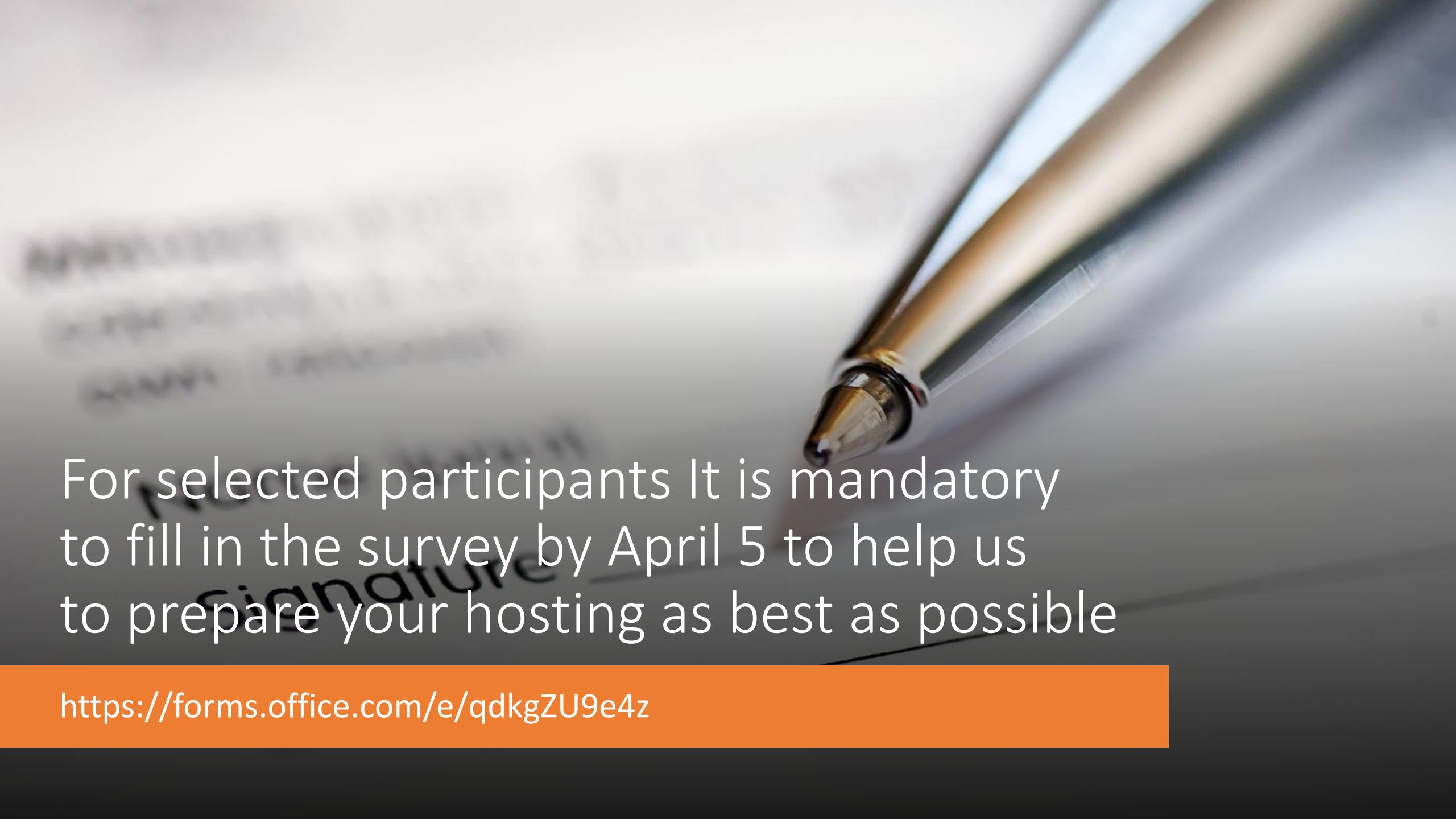
Things not communicated in advance by us and not agreed with the Italian Youth Agency

Everything that is not agreed by us with the Italian Youth Agency



# How to participate to the training course

- For participants based in Italy send a CV and a motivation letter to Sustainable Cooperation for Peace & Security via email: [partnership@sustainablepeace.eu](mailto:partnership@sustainablepeace.eu)
- For other participants: each organization will organize it's own selection process.



For selected participants It is mandatory  
to fill in the survey by April 5 to help us  
to prepare your hosting as best as possible

<https://forms.office.com/e/qdkgZU9e4z>



See you soon in Italy